

Appendix A

The assessment of the individual items of the ROBINS-I-V2 Tool. D1: confounding, D2: selection of participants, D3: classification, D4: deviations, D5: missing data, D6: measurement, D7: selection of reported results.

Study	D1	D2	D3	D4	D5	D6	D7	Overall
Andrew 2020	Moderate	Low	Low	Low	Low	Moderate	Low	Moderate
Balestra 2016	Moderate	Moderate	Low	Low	Low	Moderate	Low	Moderate
Balestra 2021	Moderate	Low	Low	Low	Moderate	Moderate	Low	Moderate
Balestra 2024	Serious	Moderate	Low	Low	Moderate	Moderate	Low	Serious
Barak 2015	Moderate	Low	Low	Low	Low	Low	Low	Moderate
Blogg 2017	Moderate	Low	Low	Low	Low	Low	Low	Moderate
Currens 2025	Low	Low	Low	Low	Low	Low	Low	Low
Dituri 2025	Moderate	Low	Low	Low	Low	Low	Low	Moderate
Doolette 2023	Low	Low	Low	Low	Low	Low	Low	Low
Fichtner 2021	Moderate	Low	Moderate	Low	Low	Low	Low	Moderate
Fichtner 2025	Moderate	Moderate	Low	Low	Low	Low	Low	Moderate
Gawthorpe 2015	Moderate	Moderate	Low	Low	Low	Moderate	Low	Moderate
Germonpré 2017	Moderate	Serious	Low	Low	Moderate	Low	Low	Moderate
Hess 2021	Moderate	Low	Low	Low	Low	Low	Low	Moderate
Hjelte 2023	Moderate	Low	Low	Low	Low	Low	Low	Moderate
Karimpour 2022	Low	Moderate	Low	Low	Moderate	Moderate	Low	Moderate
Lambrechts 2022	Moderate	Low	Low	Low	Low	Moderate	Low	Moderate
Madden 2016	Low	Moderate	Low	Low	Low	Moderate	Low	Moderate
Papadopoulou 2018	Low	Moderate	Low	Low	Low	Moderate	Low	Moderate
Plogmark 2022	Low	Moderate	Low	Low	Low	Moderate	Low	Moderate
Ribicic 2019	Low	Moderate	Low	Low	Low	Moderate	Low	Moderate
Spisni 2017	Moderate	Low	Low	Low	Low	Moderate	Low	Moderate